

# SEPTEMBER 2021

## Saints Peter and Paul Catholic School

Main Breakfast Items may be Substituted for Cinnamon Toast Crunch or Trix Cereal Daily. 1% White and Fat-Free Chocolate Milk are Always Available.

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

1  
Apple Strudel  
Choice of Fruit  
Salisbury Steak  
Mashed Potatoes with Brown Gravy  
Whole Wheat Roll  
Salad and/or Fruit

2  
Blueberry Pancake  
Choice of Fruit  
Chicken Alfredo  
Broccoli  
Salad and/or Fruit

3  
Breakfast Donut  
Choice of Fruit  
Cheeseburger on WW Bun  
Waffle Fries  
Salad and/or Fruit

6  
Labor Day: No School

7  
Chicken Biscuit  
Choice of Fruit  
Fish Sticks  
Peas  
Salad and/or Fruit

8  
Strawberry Cream Cheese Bagel  
Choice of Fruit  
Spaghetti in Meat Sauce  
Whole Wheat Breadstick  
Zucchini  
Salad and/or Fruit

9  
Banana Muffin  
Choice of Fruit  
Chicken Patty on WW Bun  
Tator Tots  
Salad and/or Fruit

10  
Maple Waffles  
Choice of Fruit  
Cheese Pizza on French Bread  
Corn on the Cob  
Salad and/or Fruit

13  
Trix Yogurt  
Whole Wheat Toast  
Choice of Fruit  
Turkey and Cheese Wrap  
Carrots  
Salad and/or Fruit

14  
French Toast Sticks  
Choice of Fruit  
Hot Dog on WW Bun  
Baked Beans  
Salad and/or Fruit

15  
Apple Strudel  
Choice of Fruit  
Chicken Nuggets  
Green Beans  
Whole Wheat Roll  
Salad and/or Fruit

16  
Blueberry Pancake  
Choice of Fruit  
Grilled Cheese Sandwich on WW Bread  
Tomato Soup  
Salad and/or Fruit

17  
Breakfast Donut  
Choice of Fruit  
Chicken Fajitas  
Salad and/or Fruit

20  
Banana Muffin  
Salisbury Steak  
Mashed Potatoes with Brown Gravy  
Whole Wheat Roll  
Salad and/or Fruit

21  
Sausage Biscuit  
Choice of Fruit  
Chicken Alfredo  
Peas  
Salad and/or Fruit

22  
Strawberry Cream Cheese Bagel  
Choice of Fruit  
Fish Sticks  
Corn  
Salad and/or Fruit

23  
Maple Waffles  
Choice of Fruit  
Cheeseburger on WW Bun  
Hashbrown Patty  
Salad and/or Fruit

24  
Trix Yogurt  
Whole Wheat Toast  
Choice of Fruit  
Spaghetti in Meat Sauce  
Broccoli  
Whole Wheat Breadstick  
Salad and/or Fruit

27  
Breakfast Donut  
Choice of Fruit  
Cheese Pizza on French Bread  
Corn  
Salad and/or Fruit

28  
Banana Muffin  
Choice of Fruit  
Corndog  
Mixed Vegetable Blend  
Salad and/or Fruit

29  
Blueberry Pancake  
Choice of Fruit  
Grilled Cheese Sandwich on WW Bread  
Baked Beans  
Salad and/or Fruit

30  
Apple Strudel  
Choice of Fruit  
Turkey and Cheese Wrap  
Tator Tots  
Salad and/or Fruit

