

Monday
Tuesday
Wednesday
Thursday
Friday
BREAKFAST:

Yoplait Yogurt
(Vanilla or Blueberry)
Choice of Fruit

4
LUNCH:

Cheeseburger on WW Bun
Waffle Fries
Salad and/or Fruit

BREAKFAST:

Breakfast Donut
Choice of Fruit

11
LUNCH:

BBQ Meatballs
Broccoli
Whole Wheat Breadstick
Salad and/or Fruit

BREAKFAST:

Cinnamon Rolls
Choice of Fruit

18
LUNCH:

Turkey and Cheese Sandwich
on WW Bun
Tator Tots
Salad and/or Fruit

BREAKFAST:

Maple Waffles
Choice of Fruit

25
LUNCH:

Chicken and Cheese Quesadilla
Bell Peppers and Onions Mix
Salad and/or Fruit

BREAKFAST:

Sausage Egg and Cheese
Breakfast Burrito
Choice of Fruit

5
LUNCH:

Crustless Peanut Butter & Jelly Sandwiches
Broccoli
Salad and/or Fruit

BREAKFAST:

Blueberry Pancake
Choice of Fruit

12
LUNCH:

Sloppy Joe's on WW Bun
Green Beans
Salad and/or Fruit

BREAKFAST:

Sausage Biscuit
Choice of Fruit

19
LUNCH:

Nachos
Bell Peppers and Onions Mix
Diced Tomatoes and Shredded Lettuce
Salad and/or Fruit

BREAKFAST:

Sausage Egg and Cheese
Breakfast Burrito
Choice of Fruit

26
LUNCH:

Oven Roasted Chicken Leg
Cut Sweet Potatoes, Whole Wheat Roll,
Salad and/or Fruit

BREAKFAST:

Blueberry Muffin
Choice of Fruit

6
LUNCH:

Chicken and Cheese Quesadilla
Bell Peppers and Onions Mix
Salad and/or Fruit

BREAKFAST:

French Toast Sticks
Choice of Fruit

13
LUNCH:

Chicken Patty on WW Bun
Waffle Fries
Salad and/or Fruit

BREAKFAST:

Banana Muffin
Choice of Fruit

20
LUNCH:

BBQ Ribs
Green Beans
Whole Wheat Roll
Salad and/or Fruit

BREAKFAST:

Blueberry Muffin
Choice of Fruit

27
LUNCH:

Spaghetti in Meat Sauce
Broccoli
Salad and/or Fruit

BREAKFAST:

Apple Churros
Choice of Fruit

7
LUNCH:

Nachos
Diced Tomatoes and Shredded Lettuce
Refried Beans
Salad and/or Fruit

BREAKFAST:

French Toast Sticks
Choice of Fruit

14
LUNCH:

Oven Roasted Chicken Leg
Carrots
Whole Wheat Roll
Salad and/or Fruit

BREAKFAST:

Pumpkin Bread
Choice of Fruit

21
LUNCH:

Italian Meatball Sub on WW Bun
Broccoli
Salad and/or Fruit

BREAKFAST:

French Toast Sticks
Choice of Fruit

28
LUNCH:

Chicken Tenders
Hashbrown Patty
Salad and/or Fruit

BREAKFAST:
Cinnamon Rolls
Choice of Fruit

1
LUNCH:

Chicken Nuggets
Carrots
Salad and/or Fruit

BREAKFAST:

Pumpkin Bread
Choice of Fruit

8
LUNCH:

Comdog
Hashbrown Patty
Salad and/or Fruit

BREAKFAST:

Yoplait Yogurt
(Vanilla or Blueberry)
Choice of Fruit

15
LUNCH:

Cheese Pizza on French Bread
Corn on the Cob
Salad and/or Fruit

BREAKFAST:

Strawberry
Cream Cheese Bagel
Choice of Fruit

22
LUNCH:

Fish Sticks
Carrots
Salad and/or Fruit

BREAKFAST:

Pumpkin Bread
Choice of Fruit

29
LUNCH:

Hot Dog on WW Bun
Baked Beans
Salad and/or Fruit

Cinnamon Toast Crunch, Cocoa Puffs, and Trix Cereals will all be Available Daily as Alternate Breakfast Options.

