

Monday

1
BREAKFAST:
 Strawberry Cream Cheese Bagel
 Choice of Fruit
LUNCH:
 Corn dog
 Crinkle-Cut fries
 Salad and/or Fruit

8
BREAKFAST:
 Trix Yogurt
 Choice of Fruit
LUNCH:
 Chicken Nuggets
 Mixed Vegetable Blend
 Salad and/or Fruit

15
BREAKFAST:
 French Toast Sticks
 Choice of Fruit
LUNCH:
 BBQ Ribs
 Cut Sweet Potatoes
 Whole Wheat Roll
 Salad and/or Fruit



22
29
BREAKFAST:
 Cinnamon Rolls
 Choice of Fruit
LUNCH:
 Chicken Tenders
 Squash
 Salad and/or Fruit

Tuesday

2
BREAKFAST:
 Sausage Biscuit
 Choice of Fruit
LUNCH:
 Sloppy Joe's on WW Bun
 Corn on the Cob
 Salad and/or Fruit

9
BREAKFAST:
 Apple Churros
 Choice of Fruit
LUNCH:
 Walking Tacos
 Refried Beans
 Salad and/or Fruit

16
BREAKFAST:
 Sausage Egg and Cheese Burrito
 fast Burrito
 Choice of Fruit
LUNCH:
 Chicken and Cheese Quesadilla
 Refried Beans
 Salad and/or Fruit



23
30
BREAKFAST:
 Chicken Biscuit
 Choice of Fruit
LUNCH:
 Walking Tacos
 Bell Peppers and Onions Mix
 Salad and/or Fruit

Wednesday

3
BREAKFAST:
 Blueberry Pancake
 Choice of Fruit
LUNCH:
 BBQ Meatballs
 Sloppy
 Whole Wheat Breadstick
 Salad and/or Fruit

10
BREAKFAST:
 Blueberry Muffin
 Choice of Fruit
LUNCH:
 Cheeseburger on WW Bun
 Zucchini
 Salad and/or Fruit

17
BREAKFAST:
 Maple Waffles
 Choice of Fruit
LUNCH:
 Turkey and Cheese Wrap
 Hashbrown Patty
 Salad and/or Fruit



HAPPY THANKSGIVING

Thursday

4
BREAKFAST:
 Banana Muffin
 Choice of Fruit
LUNCH:
 Fish Sticks
 Carrots
 Salad and/or Fruit



11
BREAKFAST:
 Pumpkin Bread
 Choice of Fruit
LUNCH:
 Country Sliced Ham
 Mashed Potatoes with Brown Gravy
 Stuffing
 Salad and/or Fruit


Friday

5
BREAKFAST:
 Breakfast Donut
 Choice of Fruit
LUNCH:
 Cheese Pizza on French Bread
 Green Beans
 Salad and/or Fruit

12
BREAKFAST:
 Cinnamon Rolls
 Choice of Fruit
LUNCH:
 Stuffed Chicken Breast (Ham and Cheese)
 Broccoli
 Salad and/or Fruit

19
BREAKFAST:
 Apple Strudel
 Choice of Fruit
LUNCH:
 Crustless Peanut Butter and Jelly
 Sandwiches
 Carrots
 Salad and/or Fruit

